

WHERE ELSE WOULD YOU GO FOR
點心 DIM SUM



1. 晶瑩蝦餃皇 Steamed Shrimp Dumpling (Har Gow)
2. 碧綠翠花餃 Steamed Pork & Vegetable Dumpling
3. 香葉粉果仔 Steamed Pork & Chive Dumpling
4. 蟹籽燒賣皇 Steamed Pork Dumpling with Masago (Shae Mai)
5. 蜜汁叉燒包 Steamed BBQ Pork Bun
6. 焗蜜汁叉燒包 Baked BBQ Pork Bun
7. 黃金流沙包 Steamed Egg Yolk Sauce Bun (Caution: hot inside)
8. 蔬菜牛肉餃 Minced Beef & Season Vegetable Dumpling
9. 上海小籠包 Shanghai Style Steamed Juicy Meat Dumpling
10. 生煎狗不理 Pan Fried Pork Bun
11. 百味醬鳳爪 Steamed Chicken Feet in Special Mixed Sauce
12. 豉汁蒸排骨 Steamed Spareribs in Black Bean Sauce
13. 山竹牛肉球 Steamed Beef Ball
14. 沙爹金錢肚 Honey Comb Tripe in Satay Sauce (contains peanuts)
15. 齋乳牛百葉 Steamed Beef Tripe in Preserved Tofu Sauce
16. 清香鮮竹卷 Steamed Shredded Pork & Vegetable Roll
17. 黑椒牛仔骨 Beef Short Ribs in Black Pepper Sauce
18. 香煎金粟餅 Pan Fried Golden Corn Cake
19. 咖哩牛肉角 Deep Fried Curry Beef Puff
20. 香煎魚骨蘿蔔糕 Pan Fried Fish Meat Turnip Cake
22. 麻香腰果卷 Sesame & Cashew Nut Roll
23. 香脆齋春卷 Vegetarian Spring Roll
24. 荷香珍珠雞 Steamed Sticky Rice in Lotus Leaf Wrap
25. 金沙脆湯丸 Deep Fried Sweet Dough
26. 吉士奶玉酥 Deep Fried Egg Yolk Puff
27. 飄香白腸粉 Plain Rice Crepe
28. 魚籽春卷腸 Spring Roll & Masago Wrapped in Rice Crepe
29. 香滑牛肉腸 Rice Crepe with Beef
30. 蜜汁叉燒腸 Rice Crepe with BBQ Pork
31. 鮮蝦腸粉皇 Rice Crepe with Shrimp
32. 椒鹽鮮魷 Salt & Pepper Squid
33. 椒鹽豆腐粒 Salt & Pepper Diced Tofu
34. 椒鹽干骨 Salt & Pepper Dry Rib
35. 生煎鍋貼 Pan Fried Pork Dumpling (4)
36. 鮮奶薑汁糕 Sweet Ginger Cake

EACH \$3.99

* All Dim Sum are to be served daily lunch
Some items can be served at dinner for \$ 4.99 each

Lunch Combo \$7.99

Served with Chicken Fried Rice or Fried Noodles
and Pick Two Items From Below

Mixed Vegetable * Bean Sprout * Sweet & Sour Pork
Ginger Beef * Dry Ribs * Palace Style Chicken

Noodles or Rice

\$7.99 Pick One From Below

- A1. Chicken Fried Rice
- A2. Beef Fried Rice
- A3. Mushroom Fried Rice
- A4. Mixed Vegetables Fried Rice
- A5. Chow Mein with Bean Sprout
- A6. Chinese Broccoli in Oyster Sauce

\$8.99 Pick One From Below

- B1. House Special Fried Rice
- B2. Shrimp Fried Rice
- B3. Fried Flat Rice Noodle with Beef & Bean Sprout
- B4. Fried Flat Rice Noodle with Beef & Vegetable
- B5. Chow Mein with Beef in Black Bean Sauce
- B6. Chow Mein with Beef & Pineapple in Satay Sauce
- B7. Shanghai Style Fried Noodle

Create Your Own Meal

For One \$14.50
Spring Roll (1), Stir Fried Mixed Vegetables,
Chicken Fried Rice, Ginger Beef or Ginger Chicken

For Two \$28.99
Spring Roll (2), Wonton Soup, Chicken Fried Rice
- PLUS -
Pick 2 Extra Entrée \$11 or under from the menu

For Three \$41.99
Spring Roll (3), Wonton Soup, Chicken Fried Rice
- PLUS -
Pick 3 Extra Entrée \$11 or under from the menu

For Four \$55.99
Spring Roll (4), Wonton Soup, Chicken Fried Rice
- PLUS -
Pick 4 Extra Entrée \$11 or under from the menu

For Six \$82.99
Spring Roll (6), Wonton Soup or Hot & Sour Soup,
Chicken Fried Rice
- PLUS -
Pick Any 1 Entrée \$11 or over
and 5 Extra Entrée \$11 or under from the menu

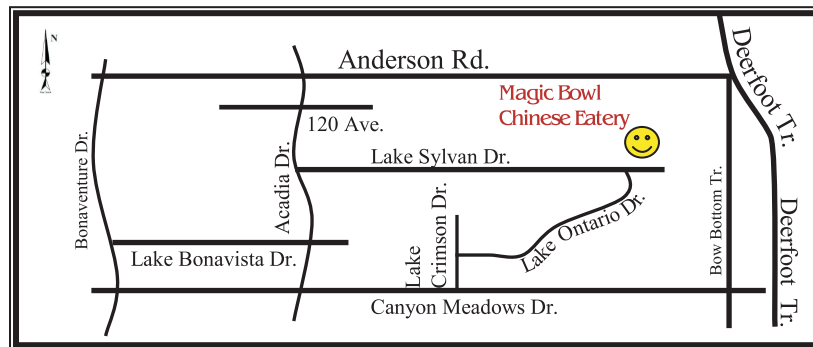
For More Than Six
Add \$14.00 Per Person & Pick One More Entrée
\$11 or under from the menu

* Substitution and Upgrading options are available for all Meal Deals

Business Hours

Mon, Wed, Thurs	11:00am - 2:00pm	4:00pm - 10:00pm
Tues		CLOSED
Fri & Sat	11:00am - 3:00pm	4:00pm - 11:00pm
Sun & Holiday	11:00am - 3:00pm	4:00pm - 9:00pm

How to Find Us



Salt and MSG May Be Reduced Upon Request
Party Tray Size (Over 6 Regular Orders)
\$48 Rice or Noodle Dishes • \$60 Meat Dishes • \$85 Seafood Dishes
GST Not Included In All Prices
Prices Subject to Change Without Notice

MAGIC BOWL Chinese Eatery



Modern Chinese Cuisine - Light & Fresh

403-271-9366

Dine-In / Take-Out / Delivery / Fully Licensed

12, 1215 Lake Sylvan Drive S.E.

www.magic-bowl.com

my favorite cheap eats

John Gilchrist CBC Radio restaurant critic
I've largely been off Cantonese buffets and dim sum dishes lately. It has to do with the number of places that bring in prepackaged, frozen foods from fast-food factories around the city-the food from these places can be bland and oily and often all tastes the same. But not every Chinese restaurant does this. There are many good ones that make their food in-house, places like the Magic Bowl.



Magic Bowl The house-made dim sum dishes at Magic Bowl offer a true taste of today's Cantonese cuisine.

Originally published in Swerve magazine on June.10.11.

Owned by a Guangzhou-born couple who also took their culinary training there, the Magic Bowl handcrafts all their dim sum. The shrimp dumpling are packed with crustaceans, rolled in rice dough and steamed to a tender, tasty perfection. The pork and chive dumplings are equally good, rolled, wrapped and steamed just the way they should be. (The work that must go into these helps me understand why many restaurateurs out source.) At lunch, each dim sum order is only \$3.99; there's a limited selection at dinner for \$4.99 each.

The dim sum and other menu items epitomize the elegant, sublime food of Canton, handcrafted to bring out the simple, natural flavours. For more intensity, the Magic Bowl includes some dishes, such as Szechuan beef and Shanghai-style spareribs, drawn from the spicier areas of China.

The Magic Bowl is all of twenty-eight seats, with little decor. That's OK-its all about the quality of the food. Which is more than enough to bring me back.

Now Open For Lunch
All 點心 Dim Sum \$3.99

GINGER BEEF \$4.99 Order

* Dinner Dine-In, Take-Out & Delivery / Limit 2 orders per Customer

15% OFF on Cash pick up orders
10% OFF on Credit & Debit Cards pick up orders
- With orders over \$28 before tax
(excludes dim sum, meal deals and specials)

FREE Delivery

Within 3 km on orders over \$28 before tax
Please notify us if you have any kind of food allergies



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Appetizer

- 2. Pork & Shrimp Spring Rolls (2).....3.99
- 3. Vegetarian Spring Rolls (2).....3.25
- 4. Grilled Pork & Vegetable Dumpling (10).....8.50
- 5. BBQ Pork Sliced.....9.50
- 6. Deep Fried Chicken Wings (1½ lb).....9.50
- 7. Dry Ribs.....9.50
- 8. Salt & Pepper Ribs.....9.50

Soup

- | | Per Person | Reg. | Lg. |
|---|------------|-------|-------|
| 9. Spicy Seafood Soup | | 10.99 | 13.99 |
| ➢ jumbo prawn, scallop, squid mixed vegetables | | | |
| 10. Wonton Soup | 3.25 | 8.50 | 10.50 |
| 11. Wor Wonton Soup | 4.25 | 10.99 | 13.99 |
| ➢ jumbo prawn, squid, chicken, bbq pork, mixed vegetables | | | |
| 12. Hot & Sour Soup | 3.25 | 8.50 | 10.50 |
| ➢ chicken, shrimp, tofu, bbq pork, carrot, corn, green peas, black fungus | | | |
| 13. Chicken / Beef Noodle Soup | | 8.99 | 10.99 |
| 14. Cream Corn with Chicken Soup | 3.25 | 8.50 | 10.50 |

Sizzling Rice

- 15. Mixed Vegetables on Sizzling Rice.....11.99
- 16. Beef & Mixed Vegetables on Sizzling Rice11.99
- 17. Chicken & Mixed Vegetables on Sizzling Rice11.99
- 18. Assorted Meat & Mixed Vegetables on Sizzling Rice14.99
| ➢ jumbo prawns, scallop, squid, bbq pork, chicken | | | |
- 19. Assorted Seafood & Mixed Vegetables on Sizzling Rice15.99
| ➢ jumbo prawns, scallop, squid | | | |
- 20. Prawns & Mixed Vegetables on Sizzling Rice15.99
| (Choice of Oyster, Creamy, Tomato, Hot & Sour or Curry Sauce) | | | |

Chicken

- 21. Salt Pepper Chicken.....11.99
- 22. Chicken with Honey Black Pepper Sauce.....10.99
- 23. Chicken with Black Bean Sauce.....10.99
- 24. Chicken with Satay Sauce (contains peanuts).....10.99
- 25. Chicken with Fresh Tomato.....10.99
- 26. Chicken with Broccoli.....10.99
- 27. Chicken with Mushrooms.....10.99
- 28. Chicken with Mixed Vegetables.....10.99
- 29. Chicken with Curry Sauce.....10.99
- 30. Ginger Chicken.....10.99
- 31. Szechuan Style Chicken.....10.99
| ➢ stir fried with green pepper, onion & zucchini in spicy black vinegar sauce | | | |
- 32. Palace Style Chicken.....10.99
| ➢ deep fried with corn, green bean, carrot & water chestnut in spicy sweet & sour sauce | | | |
- 33. Sweet & Sour Chicken with Pineapple.....10.99
- 34. Chicken with Sweet Peas.....11.99
- 35. Lemon Soo Gai.....11.99
| ➢ deep fried battered chicken with lemon sauce | | | |
- 36. Almond Soo Gai.....11.99
| ➢ deep fried battered chicken sprinkled with toasted almonds | | | |
- 37. Diced Chicken & Cashew nut in Yellow Bean Sauce11.99
- 38. Sliced Chicken with Peking Bean Sauce (c/w 10 Pancakes).....15.99
| ➢ stir fried in sweet oyster sauce with green onion, onion & mushroom | | | |

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Beef

- 40. Beef with Honey Black Pepper Sauce.....10.99
- 41. Beef with Black Pepper Sauce.....10.99
- 42. Beef with Black Bean Sauce.....10.99
- 43. Beef with Oyster Sauce.....10.99
- 44. Beef with Curry Sauce.....10.99
- 45. Beef with Satay Sauce (contains peanuts).....10.99
- 46. Beef with Fresh Tomato.....10.99
- 47. Beef with Mushrooms.....10.99
- 48. Beef with Broccoli.....10.99
- 49. Ginger Beef.....4.99
- 50. Szechuan Style Beef.....10.99
| ➢ stir fried with green pepper, onion & zucchini in spicy black vinegar sauce | |
- 51. Palace Style Beef.....10.99
| ➢ stir fried with corn, onion, green bean, carrot & water chestnut in spicy sweet & sour sauce | |
- 52. Sliced Beef with Peking Bean Sauce (c/w 10 Pancakes)15.99
| ➢ stir fried with green onion, onion & mushroom in sweet oyster sauce | |

Seafood

- 53. Salt & Pepper Prawns (15).....15.99
- 54. Palace Style Prawns (12).....15.99
| ➢ stir fried with corn, onion, green bean, carrot & water chestnut in spicy sweet & sour sauce | |
- 55. Sweet & Sour Prawns with Pineapple (12).....15.99
- 56. Prawns with Mixed Vegetables (12).....15.99
- 57. Prawns with Broccoli (12).....15.99
- 58. Prawns with Curry Sauce (12).....15.99
- 59. Prawns with Black Bean Sauce (12)15.99
| ➢ (Prawns can be substituted to Assorted seafood or Squid; Extra \$2.00 for scallop only) | |
- 60. Salt & Pepper Squid.....13.99
- 61. Palace Style Squid.....13.99
| ➢ stir fried with corn, onion, green bean, carrot & water chestnut in spicy sweet & sour sauce | |
- 62. Szechuan Style Squid.....13.99
| ➢ stir fried with green pepper, onion & zucchini in spicy black vinegar sauce | |

Pork

- 63. Peking Style Pork Chops.....13.99
| ➢ deep friend with onion in sweet vinegar sauce | |
- 64. Salt & Pepper Pork Chops.....13.99
- 65. Ginger & Green Onion Pork Chops in Oyster Sauce.....13.99
- 66. Pork Chops with Honey Black Pepper Sauce.....13.99
- 67. Sweet & Sour Pork with Pineapple.....10.99
- 68. Sweet & Sour Spareribs with Pineapple.....10.99
- 69. Honey Garlic Spareribs.....10.99
- 70. BBQ Pork with Mixed Vegetables.....10.99
- 71. Szechuan Style BBQ Pork.....10.99
| ➢ stir fried with green pepper, onion & zucchini in spicy black vinegar sauce | |
- 72. Palace Style BBQ Pork.....10.99
| ➢ stir fried with corn, green bean, carrot & water chestnut in spicy sweet & sour sauce | |

Vegetable & Tofu

- 73. Salt & Pepper Eggplant.....10.99
- 74. Szechuan Style Eggplant.....9.99
| ➢ stir fried with green pepper, onion & zucchini in spicy black vinegar sauce | |
- 75. Salt & Pepper Tofu.....9.99
- 76. Szechuan Style Tofu.....9.99
| ➢ deep fried with green pepper, onion & zucchini in spicy black vinegar sauce | |
- 77. Salt & Pepper Mixed Vegetables.....10.99
- 78. Tofu with Honey Black Pepper Sauce.....9.99
- 79. Tofu with Curry Sauce.....9.99
- 80. Stir Fried Mixed Vegetables.....9.99
| ➢ celery, mushroom, broccoli, baby corn, carrot, zucchini, water chestnut | |
- 81. Stir Fried Mixed Vegetables with Garlic.....9.99
- 82. Mixed Vegetables in Black Bean Sauce.....9.99
- 83. Mixed Vegetables in Curry Sauce.....9.99

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Egg Foo-Yong (Scrambled Egg & Bean Sprouts)

- 84. Mushroom Foo-Yong.....10.99
- 85. Chicken Foo-Yong10.99
- 86. BBQ Pork Foo-Yong10.99
- 87. Shrimp Foo-Yong11.99

Chop Suey (Stir Fried Bean Sprouts & Cabbage)

- 88. Chicken Chop Suey.....9.99
- 89. Beef Chop Suey9.99
- 90. BBQ Pork Chop Suey9.99
- 91. Shrimp Chop Suey10.99

Chef's Specials

- 92. Peking Duck with 20 Pancakes31.99
| Add \$4.00 for any Extra 1 course below | |
| Choice of: 1. Shredded Duck Soup | |
| 2. Pineapple with Duck Meat Fried Rice | |
| 3. Shredded Duck Fried Noodles | |
| 4. Shredded Duck Chow Mein | |
| Extra 10 Pancake.....3.99 | |

Chow Mein (Fried Thin Noodles)

- 94. Fried Flat Rice Noodle with Beef & Bean Sprout10.99
- 95. Assorted Seafood Chow Mein13.99
| ➢ jumbo prawns, scallop, squid & mixed vegetable | |
- 96. Chef's Special Chow Mein.....13.99
| ➢ jumbo prawns, scallop, squid, bbq pork, chicken with mixed vegetable | |
- 97. Prawns with Mixed Vegetable Chow Mein13.99
- 98. Beef with Mixed Vegetable Chow Mein9.99
- 99. Chicken with Mixed Vegetables Chow Mein9.99
- 100. BBQ Pork with Mixed Vegetable Chow Mein9.99
- 101. Cantonese Chow Mein.....9.99
| ➢ shrimp, chicken, bbq pork, bean sprouts & cabbage | |
- 102. Singapore Fried Vermicelli Noodles.....9.99
| ➢ shrimp, chicken, bbq pork, bean sprouts in curry sauce | |
- 103. Soya Sauce Fried Vermicelli Noodles9.99
| ➢ shrimp, chicken, bbq pork, bean sprouts in soya sauce | |
- 104. Mixed Vegetables Chow Mein8.99

Noodle (Shanghai Style Thick Noodles with Cabbage)

- 105. House Special Fried Noodle12.99
| ➢ jumbo prawns, scallop, squid, bbq pork, chicken | |
- 106. Assorted Seafood Fried Noodles.....13.99
| ➢ jumbo prawns, scallop, squid | |
- 107. Prawns Fried Noodles.....13.99
- 108. BBQ Pork Fried Noodles.....9.99
- 109. Beef with Black Bean Sauce Fried Noodles.....9.99
- 110. Chicken with Satay Sauce Fried Noodles (contains peanuts)9.99

Rice

- 111. Fried Rice Topped with 2 Kinds of Sauce13.99
| ➢ shrimp in creamy sauce & chicken in tomato sauce | |
- 112. Shrimp Fried Rice.....9.99
- 113. House Special Fried Rice.....9.99
| ➢ shrimp, chicken, bbq pork | |
- 114. Pineapple Chicken Fried Rice9.99
- 115. Curry Chicken Fried Rice.....9.99
- 116. Chicken Fried Rice8.99
- 117. Beef Fried Rice8.99
- 118. BBQ Pork Fried Rice8.99
- 119. Mixed Vegetables Fried Rice8.99
- 120. Mushroom Fried Rice.....8.99
- 121. Coconut Rice (Per Serving)2.99
- 122. Steamed Rice (Per Serving).....1.50

Extra

- Two Litter Pop5.00
- Can Pop1.50
- Sweet & Sour Sauce1.50
- Lemon Sauce.....1.50

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10



20



33



59



Scallops & Sweet Pea \$17.99



Beef with Ginger & Green Onion Hot Pot \$12.99



63



80



Salt and MSG May Be Reduced Upon Request
Indicates Hot & Spicy
Please Notify Us If You Have Any Food Allergies